

Trinity || Who is the Holy Spirit? Week 3

Group Notes

INTRODUCTION

Who is the Holy Spirit? Our church has been on a journey over the past couple of years discovering more of the Holy Spirit, who he is and what he wants to do in our lives. The Spirit is the third person of the Trinity and is Jesus' replacement on the Earth. He is our counselor, our comforter, and our friend. He connects us and seals us in the family of God. This connection is with God and with other believers. The Spirit wants to fill us, transform us, and guide us in every area of our lives. The Holy Spirit is God.

CONVERSATION STARTERS

1. Would you consider yourself to be more of a "thinker" or a "feeler" and why?
2. If you had the whole day to yourself to connect with God, where would you go? What would you do?

SERMON NOTES REVIEW

Looking back at your sermon notes from this weekend's teaching, was there anything that caught your attention, challenged you, or confused you?

[Watch the Video](#)

GROUP DISCUSSION

1. What has been your background or experience with the Holy Spirit?
2. The Holy Spirit is one of the most misunderstood things within Christianity. Why do you think that is? Why do some churches focus so strongly on the Holy Spirit while others almost never talk about the Holy Spirit at all?
3. Read [John 16:7-15](#). In what ways does Jesus show how the Holy Spirit brings his Word to life?
4. Reread John 16:7 in different translations: [NIV](#), [ESV](#), [AMP](#), [MSG](#).
 - What are the different names used for the Holy Spirit?
 - Is there one that you most connect with or most helps you understand the role of the Holy Spirit in your life?
5. One of the words used to describe the Holy Spirit is "helper". What are some of the things in your life you would like help with?
6. How would you explain the Holy Spirit to a friend that is curious but lacks any spiritual background knowledge?
7. The Christian life is not about trying to do better but rather learning to trust in the work of the Holy Spirit. In what areas of your life do you sense the Holy Spirit asking you to trust him?

PRAYER

Go around your group and ask for prayer requests. Pray that we would grow in our understanding of the Holy Spirit and in turn grow in our relationship with Him.

ANNOUNCEMENTS

- Every year around Christmas time, Sun Valley serves our single parent families through our Single Parent Blessing. It is a way for your group to come alongside our single parents and remind them that they are not alone. Groups play a huge role in making this blessing happen. As a group, please do 2 things:
 - Send the names of any single parents you would like to nominate to receive a blessing to your campus Next Steps Director (Single parents from your group or single parents who attend Sun Valley)
 - Begin discussing as a group what your role might be in the Single Parent Blessing this year (adopt a family, provide gift cards or household necessities, volunteer at the event, etc.)